**B2U2 Text A Language Focus**

1. **sweat:**
   1. *vi.* 出汗

*e.g.* He was *sweating* heavily when he returned from his run.

他跑完步后大汗淋漓。

It was so hot that we started to *sweat* as soon as we got off the train.

天气太热，我们一下火车就开始出汗了。

* 1. *n.* 汗水

*e.g.* After the 1,000-meter race *sweat* was running off the athletes’ backs.

1000米赛跑后，运动员们汗流浃背。

*Sweat* was dripping from his forehead.

汗珠从他额头往下滴。

1. **competition:** *n.* 竞赛，比赛

*e.g*. A beauty *competition* will be held in our city next month.

选美比赛将于下月在我市举行。

You don’t need to eat so quickly! It’s not a *competition*.

你不必吃得这么快！又不是比赛。

1. **confront:** *vt.* come face to face with, esp. in competition or hostility; deal with 面对（尤指比赛或敌对行动）；应对，处理

*e.g.* I got very nervous when I was *confronted* with the TV camera.

面对电视镜头，我变得紧张万分。

It’s an issue we’ll have to *confront* at some point, no matter how unpleasant it is.

不管它有多讨厌，我们终究要面对这个问题。

1. **highlight:** *n.* the best or most exciting, or interesting part of sth. 最精彩的部分

*e.g.* *Highlights* of the match will be shown after the news.

比赛的精彩片段将在新闻之后播出。

A *highlight* of his career was serving as China’s Ambassador to the UK.

担任中国驻英国大使是他职业生涯的高光时刻。

1. **grace:** *n.* the quality of being smooth and elegant, esp. in movement or structure 优美，优雅；雅致

*e.g.* The woman film star has natural *grace* and elegance.

这位女影星举止自然优雅。

She handles her problems with *grace* and dignity.

她处理问题不失优雅和尊严。

1. **fantasy:** *n.* fancy, esp. the free play of imagination 幻想

*e.g.* She dreamed of going into a *fantasy* world, where she could be anything she wanted.

她梦想进入梦幻世界，在那里她想要成为什么都可以。

He’s always had *fantasies* about living in a castle.

他一直幻想住在城堡里。

1. **numerous:** *a.* very many 许多的，无数的

*e.g.* She has proved her worth on *numerous* occasions.

她已经多次证明了自己的价值。

Online retailers, once rare, are now *numerous*.

网络零售商从前很少见，但现在已经遍地开花。

1. **excitement:** *n.* the state of being excited 兴奋，激动

*e.g.* The whole nation is filled with *excitement* for its first aircraft carrier.

举国上下为拥有第一艘航空母舰而兴奋不已。

I can’t say I slept well, for the *excitement* of the previous day made me very wakeful.

我说不上睡得好，因为前一天发生的激动人心的事情使我很难入睡。

1. **recur:** *vi.* come or happen again 再来；再发生

*e.g.* The theme of love *recurred* in many of his books.

他许多书里都有爱情主题。

The school authorities warn the student that he will be expelled if this cheating recurs.

校方警告该生，再次作弊将被开除。

1. **pass by:** go past 经过

*e.g.* I see them *pass by* my house every day.

我每天看到他们经过我家。

Turn left after you *pass by* the old church in the middle of town.

经过镇中央的古老教堂后左转。

1. **coincide:** *vi.* happen at the same time; be in agreement 同时发生；一致

*e.g.* We timed our trip to *coincide* with my cousin’s wedding.

我们把旅行的时间安排在我堂兄举行婚礼的时候。

The art exhibition *coincides* with the 50th anniversary of his death.

艺术展览的时间恰逢他逝世50周年。

Her views *coincide* with his on most subjects.

在大多数问题上她与他观点一致。

The kids’ views on life don’t always *coincide*, but they’re not afraid of voicing their opinions.

孩子们对生活的看法不尽相同，但他们敢于发表自己的看法。

1. **on the other hand:** used to introduce a contrasting point of view, fact, or situation另一方面

*e.g.* On the one hand, I think the price is fair, but *on the other hand*, I really can’t afford to spend that much money.

一方面，我觉得价格合理，但另一方面，我确实付不起那么多钱。

He’s a good guy. His brother, *on the other hand*, is a very selfish man.

他是个棒小伙，但是他哥哥是个非常自私的人。

1. **work out:** do physical exercise in order to make one’s body fit and strong 锻炼身体

*e.g.* I plan to *work out* twice a week.

我计划每周锻炼两次。

Your BMI (body mass index) is high for your age. Time to get up and *work out*.

在你这个年龄，你的身体质量指数过高了。该锻炼锻炼了。

1. **alternate:** *a.* every other or second; happening by turns 间隔的；轮流的

*e.g.* We spend *alternate* Sundays with my husband’s parents.

我们隔周和我公公婆婆一起过周日。

Private cars are banned from the city on *alternate* days.

该市私家车限隔日出行。

1. **dedication:** *n.* giving oneself, time, effort, etc. (to sth.) 奉献，献身

*e.g.* The job requires a lot of enthusiasm and *dedication*.

这项工作需要高度的热情和奉献精神。

The manager thanked his staff for their *dedication* and passion.

经理感谢员工们的奉献精神和工作热情。

1. **determination:** *n.* firmness of purpose 决心；毅力

*e.g.* I really admire her *determination* to succeed.

我由衷钦佩她获得成功的决心。

Everyone concerned acted with *determination* and courage.

每个相关的人都表现出极大的毅力和勇气。

1. **on one/two/several occasion(s)**: 有一（两、几）次

*e.g.* *On several occasions*, I attempted to talk with my parents about taking a part-time job, but my mother instantly interrupted me by asking me questions about my studies.

有几次我试图和父母讨论打零工的事情，但母亲马上打断我，问我一些关于学习的问题。

He drinks far too much. *On one occasion* I saw him drink a whole bottle of vodka.

他喝酒实在太多。有一次我看到他喝了整整一瓶伏特加。

1. **reward:** *n.* sth. given in recognition of good behavior or good work, etc. 报答；报偿

*e.g.* There’s a *reward* for whoever finds our pet dog.

无论谁找到我们的宠物狗都会得到一份酬金。

Good leaders will provide *rewards* and thanks to staff members.

好的领导会奖励和感谢员工。

1. **vain:** *a.* too pleased with one’s own abilities or looks 虚荣的，自负的

*e.g.* Too much praise can make a person *vain*.

过多的表扬会使人自负。

She was *vain* of/about her appearance.

她很自恋，认为自己长得漂亮。

1. **competitor:** *n.* 竞争者，对手

*e.g.* Mike is a tough *competitor* and will probably do very well in business.

迈克是位很坚强的竞争对手，生意可能会做得很好。

More than 100 *competitors* took part in the race.

100多位选手参加了比赛。

1. **emotion:** *n.* any strong feeling, e.g. love, fear, or anger 激情，感情，情绪

*e.g.* Love, joy, hate, fear and jealousy are all *emotions*.

爱、喜悦、仇恨、恐惧和嫉妒都是一种情绪。

Jack is a man of great *emotion*, easily given to tears.

杰克是个性情中人，很容易流泪。

His voice was full of *emotion* as he told us the story of his cherished mother.

他给我们讲他挚爱的母亲的故事时声音充满感情。

1. **startle:** *vt.* give a sudden shock or surprise to 使大吃一惊

*e.g.* You *startled* me — I didn’t hear you come in.

你吓到我了——我没有听见你进来。

He was concentrating on his homework and her voice *startled* him.

他正在聚精会神地做作业，被她的声音吓了一跳。

1. **intensity:** *n.* the state of being intense 紧张，强烈

*e.g.* In order to finish the job in time, we have to work with greater *intensity*.

为了及时完成工作，我们必须更加紧张地工作。

The mayor didn’t realize the *intensity* of people’s feelings on the housing issue.

市长没有意识到在住房问题上民情有多强烈。

1. **tension:** *n.* worry or nervousness 紧张，不安

*e.g.* Smiling and laughing has been shown to relieve *tension* and stress.

微笑和大笑已被证明可以缓解紧张和压力。

We are working under great *tension* to meet a deadline.

我们正在极其紧张地工作，以如期完成任务。

Exercise is the ideal way to relieve *tension* after a hard day of mental work.

一天紧张的脑力劳动之后，锻炼是缓解压力最理想的办法。

1. **scared:** *a.* frightened or worried 惊恐的，害怕的

*e.g.* I’ve always been *scared* of dogs.

我历来怕狗。

I wanted to ask her for help, but was *scared* that she might refuse.

我想请她帮忙，但怕她拒绝。

1. **stretch out:** extend 伸展

*e.g.* Feel free to *stretch* yourself *out* on the couch.

你可以随意一点在长沙发上舒舒服服躺下。

She *stretched out* her hand and helped the old man stand up from his chair.

她伸手将老人从椅子上扶起来。

1. **bring (sb.) back to earth:** 使回到现实中

e.g. Emily’s voice *brought* him *back to earth*.

爱米丽的声音使他回到现实之中。

Jack had been chatting online with his friends until his parents knocked on the door and *brought* him *back to earth*.

杰克一直在网上和朋友聊天，直到父母敲门才使他回到现实之中。

1. **in one’s mind’s eye:** in one’s imagination or mental view 在想像中

*e.g.* *In his mind’s eye*, she is still a shy girl.

在他的记忆里，她仍然是个害羞的女孩。

*In my mind’s eye*, I can still see the house where I was born.

在我脑海里，我仍然能看见我出生的房子。

1. **hug:** *vt.* hold tightly in the arms, esp. as a sign of love 拥抱

*e.g.* Steve opened the car door for her, *hugged* her as she got out, and they went up to her flat, his arm round her shoulders.

史蒂夫为她打开车门，她下车后与她拥抱，然后他的手臂搂着她的肩膀，一起上楼到她的寓所。

Mary *hugged* her teddy bear tightly to her chest.

玛丽把她的玩具熊紧紧抱在胸前。

1. **surround:** *vt.* be all around (sb./sth.) 围绕，包围

*e.g.* The house is *surrounded* by trees, so it cannot be seen from any other buildings.

这栋房子四周树木环绕，所以从其他建筑根本看不到它。

She sat in an armchair, *surrounded* by her 12 cats.

她坐在扶手椅上，12只猫围着她。

1. **congratulate:** *vt.* express pleasure at sb.’s success or happiness 祝贺；庆贺

*e.g.* It is my wife you should be *congratulating* — she did all the hard work.

你应该祝贺我夫人——是她完成了所有艰巨的工作。

His teachers *congratulated* him on winning the first prize in the speech contest.

老师们祝贺他在演讲比赛中获得一等奖。

1. **accomplishment:** *n.* sth. that has been achieved successfully 成就

*e.g.* The discovery of antibiotics is one of the great *accomplishments* of modern medicine.

发现抗生素是现代医学最伟大的成就之一。

His colleagues congratulated him on his wonderful *accomplishment* and wished him continued success in the future.

他的同事祝贺他取得了出色的成就，并希望他在未来继续获得成功。

1. **media**: *n.* (with singular or plural verb) 大众传播媒介

*e.g.* Much of what children learn comes directly from the mass *media*.

孩子们学到的东西很多直接来自大众传媒。

In my opinion, the main responsibility of the *media* is to tell the truth.

我认为媒体的主要责任是告知真相。